



Seating that
performs for you.

Seat Height: Lever on right side of chair



To raise seat:

Take your weight off chair,
pull lever up.



To lower seat:

While seated and fully upright,
pull lever up.

At the proper height, your feet should rest flat on the floor.

Footrest Height: Circular support below seat

Only available on stool models.



To adjust footrest height:

Hold base with one hand,
grasp footrest spoke and turn
counterclockwise to loosen.



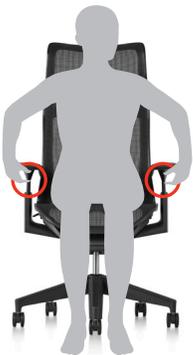
Once loose, raise or lower footrest
to desired height.



Hold collar with one hand, grasp
footrest and turn clockwise to tighten.
To secure, finish turning footrest while
holding base.

Arm Height: Lever on armrest stem

Only available on some models.



To adjust arm height:

Press lever on armrest stem up while
also pulling up to raise arm to your
desired height. To lower arm, press
lever on armrest stem while pushing
down on the armpad.

For maximum comfort, your arms should make contact with the armpad
without any lift at your shoulders.