

HermanMiller
Motia™ Sit-to-Stand Tables



Healthy habits within reach



Motia Sit-to-Stand Tables

With Motia Sit-to-Stand Tables, a hardworking standing desk at a great value is within everyone's reach. Motia encourages regular movement between postures to adjust to people's work and workflow, increasing energy and productivity.

Designed for quality, it's easy to see Motia's value and effortless integration into any setting. Scale Motia to what people need to do their best work— and you're giving them healthy options, at a great value.



Take Charge of Your Health

Research shows that most Americans are sedentary for around 21 hours a day—and this lifestyle can lead to a higher risk of many diseases. We weren't designed to stay in one position—our bodies were made to move regularly. Motia helps people put an emphasis on healthy habits in the workspace while making it easier to change positions throughout the day.



Motia is available with an electric standard base that has a height range of 27 to 46 inches and an electric extended base that has a height range of 22 to 48 inches.



Motia integrates with all Herman Miller workstations, including Action Office® seen here, to create a common aesthetic across the office environment. With a design that provides ample clearance for knees and legs, Motia offers maximum comfort to users.

Make Quality a Priority

Motia has all the quality and reliability you've come to expect from our tables, with an extensive warranty to back it up and at a value that feels good. There's no need to sacrifice durability, with Motia's electric lift that can handle up to 250 pounds. And it's designed to integrate with any workplace, with minimal assembly required.

Tailor Workspaces to Your People

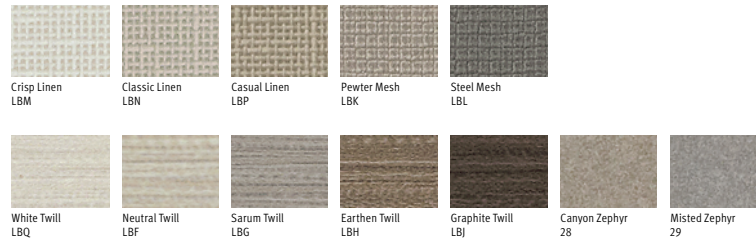
Motia gives you the option to add value to your office's needs, in whatever way works for you. That's why you can scale these height-adjustable desks up or down with options for undersurface cable management, surface shapes, suspended storage, and screens. And Motia tables are compatible with monitor arms, keyboard supports, CPU Holders, and screens, allowing people to customize their desks to fit their needs.

Materials

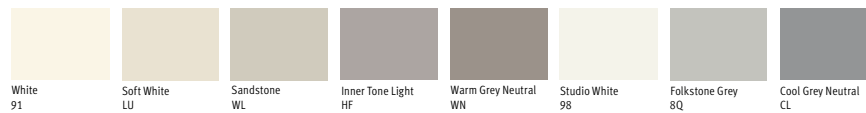
Motia comes in a variety of surface colors and a choice of base finishes so you can personalize the look of your table. Visit hermanmiller.com/materials to see representational samples of our complete textile and materials offering.

Motia Sit-to-Stand Tables

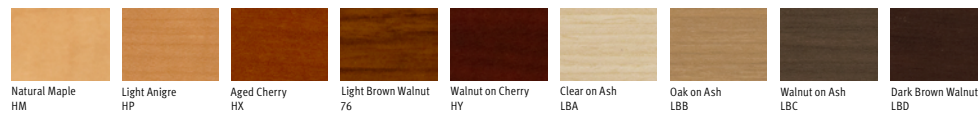
Top / Edge Patterned Laminate



Solid Laminate



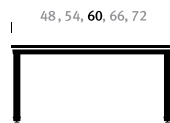
Woodgrain Laminate



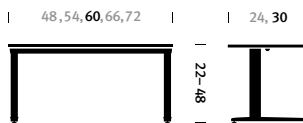
Base Finish



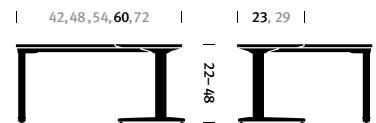
Components



Rectangular Table with T-Foot



Rectangular Table with C-Leg



Extended Corner with C-Leg




Mechanism
Electric Standard (E)
Electric Extended (D)

Sit-to-Stand Height Range
27" to 46"
22" to 48"

A Motia Base Kit is available for installation on applicable surfaces.

For more information, please visit hermanmiller.com or call 888 443 4357.

HermanMiller, , and Action Office are among the registered trademarks of Herman Miller, Inc. Motia is a registered trademark in the U.S. and Canada and among the trademarks of Herman Miller, Inc. in LAC

Printed in the USA. Please recycle.
© 2020 Herman Miller, Inc., Zeeland, Michigan O.DV202
All rights reserved.