Steelcase

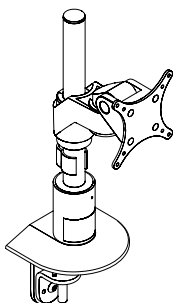# CF Series Modular Monitor Arm

User Guide

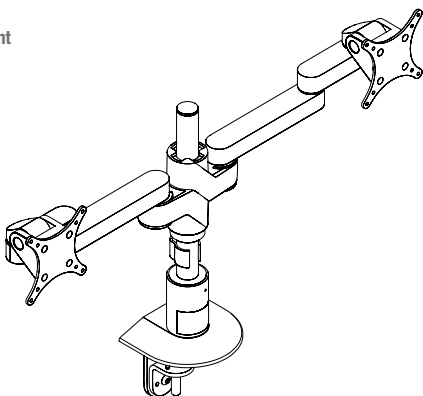# CF Series Modular Monitor Arm

For single or dual monitors—displayed side by side or stacked—the CF Series Modular Monitor Arm secures screens in the optimal position to meet a wide range of employees' needs. Easily bring monitors closer for detailed work or move them farther away with the touch of a hand.

It is not advisable to install dual arms on worksurfaces 24" or less deep due to lack of focal depth adjustment.
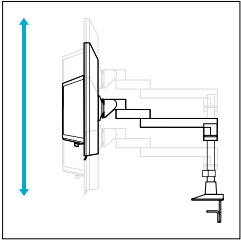
CFMSP
Single-Arm Pole Mount
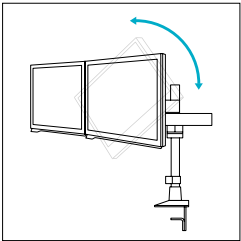
CFMDSP
Dual-Arm Pole Mount

CF Series Modular Monitor Arm Controls
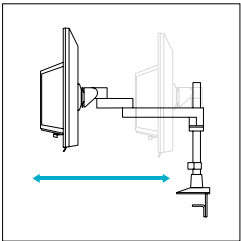

HEIGHT ADJUSTMENT

To reposition the arm on the post, contact your
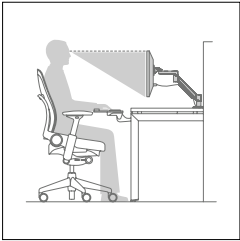facility manager.

VIEWING ANGLE ADJUSTMENT

The viewing angle of the monitor can easily be adjusted
by simply rotating the monitor to suit your viewing needs.
The spring-assisted tilt-head is easy to maneuver and
allows the monitor to be positioned for either portrait or
landscape orientation.
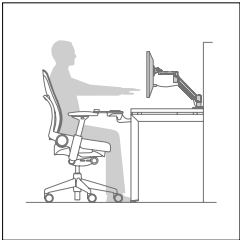

FOCAL LENGTH ADJUSTMENT

For comfort, easily bring monitors closer for detailed
work or move them farther away with the touch of a hand,
without altering the height or angle of the screens.
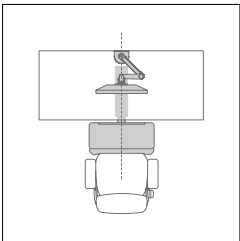
Basics of Monitor Arm Positioning

HEIGHT ADJUSTMENT

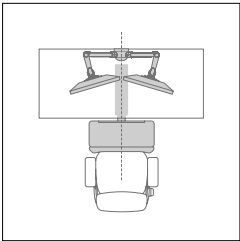Top of the display should be positioned at or slightly below eye level.

DISTANCE

Display should be 20" to 30" from the eyes or approximately an arm's length away.

ALIGNMENT

Proper alignment is the key to preventing strain. Computer display, keyboard and mouse should be centered to allow you to see the display without looking downward or to either side. Mouse should be accessible without twisting or reaching. Reference documents should never be flat on the desk and should be at the same height as or aligned with the display, or above the keyboard and below the display.

DUAL-DISPLAY ALIGNMENT

If using two displays, position the display used more often closer. If you will use the displays equally, center them directly in front and angle them in a slight inward "V" shape.

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