



# Motia® Sit-to-Stand Tables

In an ongoing effort to promote wellness in the workplace, the Motia Sit-to-Stand Table puts people and workplaces in motion. Moving with people and their activities, Motia enables a smooth transition between sitting and standing. Designed with quality and minimal materials, and available in various finishes, Motia makes height adjustability easy to afford, easy to use, and easy to integrate into any setting.

## Benefits

- Promotes wellness at work by making it easier to move throughout the workday
- Height adjustability, durability, and stability backed by Herman Miller quality and service
- Affordable height adjustability with a Herman Miller product

## Warranty

Work Surface: 12-year, 3-shift

Base: 5-year, 3-shift

[hermanmiller.com/motia-sit-to-stand-tables](https://hermanmiller.com/motia-sit-to-stand-tables)



# Motia® Sit-to-Stand Tables

## Key Features



- 1. Simple Touch Switch**  
A simple touch switch allows you to adjust the table so you can go from sitting to standing easily.
- 2. Cable Management**  
Cable management can be added to organize cables, keeping things tidy underneath the surface.
- 3. Technology Support**  
Motia is compatible with monitor arms, keyboard supports, and CPU Holders.
- 4. Screens**  
Surface-attached screens provide privacy and are available in metal, laminate, and fabric.
- 5. Storage**  
Tu pedestals, with two-inch feet or casters, provide a lightly scaled storage solution and can be placed over Motia's base for more leg room.

## Details

### Height Range

Standard Electric	27" to 46"
Extended Electric	22" to 48"

### Lifting Capacity

250 lbs

### Undersurface Cable Management

Hinged Cable Tray  
Cable Channel  
Cable Tray

### Vertical Cable Management

External Cable Manager

### Base Types

T-Leg  
C-Leg

### Work Surface Shapes

Rectangle  
Extended Corner

### Work Surface Finishes

Laminate  
Veneer  
Formcoat

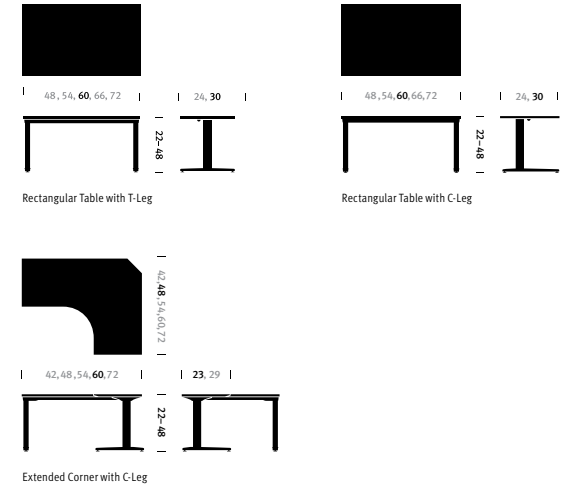
### Work Surface Edges

Square  
Thin  
Eased (Formcoat only)

### Work Surface Dimensions

Depth 24", 30"  
Width 48", 54", 60", 66", 72"

## Statement of Line Overview



For the full statement of line, please refer to the [price book](#).

## Images

[View image library.](#)

## Materials

[Click here](#) to see our complete materials offering for Motia Sit-to-Stand Tables.

## Sustainability

[Click here](#) to see how Motia Sit-to-Stand Tables meets your environmental goals.

## Planning Ideas

[View design solutions.](#)

## 3D Models

[View model library.](#)